

**CHEROKEE SCOUT RESERVATION
Cub Scout Overnight Camp Menu**

<p><u>Offer Juice of choice (100% juice with vitamin C) at Breakfast each day - 6 oz</u></p> <p><u>Offer milk at each meal</u></p>	<p style="text-align: center;"><u>MON. BREAKFAST</u></p> <p>Eggs ½ c Bacon 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p style="text-align: center;"><u>TUES. BREAKFAST</u></p> <p>Pancakes Syrup Sausage Patties 2 Cereal 1c Fresh Fruit Milk / Juice</p>	<p style="text-align: center;"><u>WED. BREAKFAST</u></p> <p>Sweet Roll Cereal 1 c Fresh Fruit Milk / Juice</p>	<p style="text-align: center;"><u>THURS. BREAKFAST</u></p> <p>Eggs ½ c Bacon 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p style="text-align: center;"><u>FRI. BREAKFAST</u></p> <p>Pancakes Syrup Sausage Patties 2 Cereal 1c Fresh Fruit Milk / Juice</p>	<p style="text-align: center;"><u>SAT. BREAKFAST</u></p> <p>Sweet Roll Cereal 1 c Fresh Fruit Milk / Juice</p>
<p><u>Offer fresh fruit of choice at lunch daily (apple, orange, banana)</u></p> <p>Salad bar is available for campers and adults as an alternative.</p>	<p style="text-align: center;"><u>MON. LUNCH</u></p> <p>Beef Hot Dogs 2 ea Chili 1oz. Slaw/Onions Tater Tots Mandarin Oranges Water</p>	<p style="text-align: center;"><u>TUES. LUNCH</u></p> <p>Chicken Filet 4oz Bun Lettuce / Tomato / Pickles Harvest Cheddar Sun Chips Chilled Peaches Water</p>	<p style="text-align: center;"><u>WED. LUNCH</u></p> <p>Staff Lunch</p>	<p style="text-align: center;"><u>THURS. LUNCH</u></p> <p>Beef Hot Dogs 2 ea Chili 1oz. Slaw/Onions Tater Tots Mandarin Oranges Water</p>	<p style="text-align: center;"><u>FRI. LUNCH</u></p> <p>Chicken Filet 4oz Bun Lettuce / Tomato / Pickles Harvest Cheddar Sun Chips Chilled Peaches Water</p>	
<p style="text-align: center;"><u>SUN. SUPPER</u></p> <p>Chicken Tenders 3ea BBQ Sauce & Ranch Tater Tots Chilled Pineapple Water</p>	<p style="text-align: center;"><u>MON. SUPPER</u></p> <p>Cheese/Hamburger 4 oz Lettuce/Tomato/Pickl Baked Beans ½ c Potato Salad Fresh baked cookies Water/Tea/Fruit Drink</p>	<p style="text-align: center;"><u>TUES. SUPPER</u></p> <p>Lasagna 4 oz Tossed Salad 1c Dressing of choice Vegetable Medley ½ c Garlic Toast 1 Chocolate Cake Water/Tea/Fruit Drink</p>	<p style="text-align: center;"><u>WED. SUPPER</u></p> <p>Chicken Tenders 3ea BBQ Sauce & Ranch Tater Tots Chilled Pineapple Water</p>	<p style="text-align: center;"><u>THURS. SUPPER</u></p> <p>Cheese/Hamburger 4 oz Lettuce/Tomato/Pickle Baked Beans ½ c Potato Salad Fresh baked cookies Water/Tea/Fruit Drink</p>	<p style="text-align: center;"><u>FRI. SUPPER</u></p> <p>Lasagna 4 oz Tossed Salad 1c Dressing of choice Vegetable Medley ½ c Garlic Toast 1 Chocolate Cake Water/Tea/Fruit Drink</p>	

*Scouts with special dietary needs should inform the camp of their needs at least 12-days before arriving at summer camp. Families and unit leaders can communicate special dietary needs to the camp leadership during the registration process using Black Pug. The camp leadership will work with the Scout's family to develop a meal plan that meets the Scout's needs.