

2019 MENU - CHEROKEE SCOUT RESERVATION

<p><u>Offer Juice of choice (100% juice with vitamin C) at Breakfast each day - 6 oz</u></p> <p><u>Offer milk at each meal</u></p>	<p><u>MON. BREAKFAST</u></p> <p>Eggs ½ c Bacon 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p><u>TUES. BREAKFAST</u></p> <p>Pancakes Syrup Sausage Patties 2 Cereal 1c Fresh Fruit Milk / Juice</p>	<p><u>WED.BREAKFAST</u></p> <p>Eggs ½ c Bacon 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p><u>THURS. BREAKFAST</u></p> <p>French Toast Sticks 3 Sausage Patties 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p><u>FRI. BREAKFAST</u></p> <p>Scrambled Eggs ½ c Bacon 2s Biscuits 1 Butter / Jelly Grits ½ c Cereal 1c Fresh Fruit Milk / Juice</p> <p>All leaders will have a special breakfast at the Dining Hall Shelter!!!</p>	<p><u>SAT. BREAKFAST</u></p> <p>Sweet Roll Cereal 1 c Fresh Fruit Milk / Juice</p>
<p><u>Offer fresh fruit of choice at lunch daily (apple, orange, banana, peaches, cantaloupe, watermelon etc)</u></p> <p>Salad bar is available for campers and adults as an alternative.</p>	<p><u>MON. LUNCH</u></p> <p>Chicken Filet on Bun 4oz Lettuce / Tomato / Pickles Harvest Cheddar SunChips Jello Water</p>	<p><u>TUES. LUNCH</u></p> <p>Ground Beef Tacos 4oz Lettuce/Tomato/Cheese/ Sour Cream Refried Beans Rice Krispie Treats Water</p>	<p><u>WED. LUNCH</u></p> <p>Hot Dogs 2 ea Chili 1oz. Slaw/Onions French Fries Fruit Cocktail Water</p>	<p><u>THURS. LUNCH</u></p> <p>BBQ Pulled Pork on Bun 4 oz Cole Slaw Tater Tots 1 c Chilled Pears Water</p>	<p><u>FRI. LUNCH</u></p> <p>_ Chicken Tenders 3ea BBQ Sauce & Ranch Waffle Fries Chilled Pineapple Water</p> <p>All senior patrol leaders will have a special lunch at the Headquarters.</p>	
<p><u>SUN. SUPPER</u></p> <p>Roast Beef 4 oz Mashed Potatoes ½ c Gravy Steamed Carrots ½ c Yeast Roll Banana Pudding Water/Tea/Fruit Drink</p>	<p><u>MON. SUPPER</u></p> <p>Lasagna 4 oz Tossed Salad 1c Dressing of choice Vegetable Medley ½ c Garlic Toast 1 Chocolate Cake Water/Tea/Fruit Drink</p>	<p><u>TUES. SUPPER</u></p> <p>Cheese/Hamburger 4 oz Lettuce/Tomato/Pickle Baked Beans ½ c Potato Salad Fresh baked cookies Water/Tea/Fruit Drink</p>	<p><u>WED. SUPPER</u></p> <p>Country Style Steak /Gravy 4oz Potato Casserole ½ c Green Beans ½ c Roll Blackberry Cobbler ½ c Water/Tea/Fruit Drink</p>	<p><u>THURS. SUPPER</u></p> <p>Family Night Supper in troop sites (Box supper is available for troops when families are not visiting)</p>	<p><u>FRI. SUPPER</u></p> <p>Glazed Ham 4 oz Macaroni & Cheese ½ c Broccoli ½ c Yeast Roll Chocolate Pudding ½ c Water/Tea/Fruit Drink</p>	